

## FORMULATION AND *IN VITRO* CHARACTERISATION OF SOYBEAN OIL-HPMCK4M BASED BIGEL MATRIX FOR TOPICAL DRUG DELIVERY

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### ABSTRACT

**Objective:** Hydrogels with scope for utilization in numerous fields possess limited applications due to problems in incorporating wide range of drugs and crossing the lipophilic barrier of the skin. Attempts to overcome these problems by developing organogel hold drawbacks. Challenges posed by drug lipophilicity or skin permeation can be solved by developing bigel formed via combination of lipophilic and hydrophilic gel phases in a definite proportion. The objective of the present study is to formulate and characterize matrix type bigel of soybean oil and HPMCK4M for topical drug delivery.

**Methods:** Four batches of bigels were developed with two organogel formulations of soybean oil containing 20 and 22% w/v Span 60. Both organogels and bigels were examined for compatibility by FTIR spectroscopy, hemocompatibility and characterized for physical appearance, pH, rheological behavior and *in vitro* drug release pattern.

**Results:** FTIR study confirmed compatibility between paracetamol and components of organogel or bigel. The oily feel of organogels disappeared with bigels which possessed a creamy and smooth texture. Pseudoplastic behaviour was confirmed by Ostwald-de wale power-law model in both organogels and bigels. Improved drug release was observed in bigel (BG1) formulation containing 3%w/v HPMCK4M and soybean oil based organogel with 20% w/v Span 60 as compared to the corresponding organogel (OG1). Organogels were found to follow either zero-order kinetics (OG1) or Korsmeyer-Peppas model (OG2) while the formation of matrix was exhibited in bigels with drug diffusion predominantly of non-Fickian type.

**Conclusion:** Therefore, bigels of soybean oil based organogel with HPMCK4M hydrogel formed gel matrix demonstrating improved drug release for topical application compared to organogel.

**Keywords:** Bigel, Higuchi model, HPMCK4M, non-Fickian diffusion, Organogel, pseudoplastic flow, Soybean oil, Span 60

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### INTRODUCTION

Gels are semi-solid bases in which a liquid phase is entrapped within a three dimensional polymeric network forming a supra-molecular architecture which has a wide range of applications in medicine, biomaterials, cosmetics and food industries. In general, depending on the polarity of the liquid phase, gels have been categorized as either hydrogels (polar solvent: water) or organogels (non-polar solvents: organic liquids, vegetable oils etc.) [1]. Hydrogels have extensive applications in tissue engineering, food and pharmaceutical industry [2]. They appeal to patients/consumers owing to their non-oily feel, cooling effect and water-washability. But they have limited ability to accommodate wide range of drugs and to cross the lipophilic stratum corneum [3]. Attempts were made to overcome these drawbacks by developing organogels and emulgels.

Organogels were being investigated since early 1990s [4, 5]. Emulgels are oil-in-water or water-in-oil emulsions, gelled by mixing with a crosslinker [6, 7]. But due to their stickiness and oily residues, emulgels and organogels have been less appreciated by consumers. Moreover, the leaching of the internal oil phase from these gels on long-term storage has forced scientists to look for stable formulations [8]. This problem may be attributed to the mismatch in the mechanical properties of the internal and the external phases. To overcome this problem, the concept of bigels was introduced in 2008 by Almeida *et al.* [9]. Bigels are biphasic systems like emulsions and emulgels, where both internal and external phases are semisolid in nature [10]. Microscopic study of bigels using sesame oil/soybean oil based organogel and gelatin based emulgel revealed the aggregation of droplets whereas emulgel showed dispersed droplets within the continuous phase. They are reported to show negligible amount of leaching of internal phases as compared to the emulgel and *in vitro* drug release studies indicated non-Fickian diffusion from the bigel matrices [11].

Bigels can be defined as a mixture of an aqueous gel (hydrogel) and an organogel in a definite ratio [9, 12]. They differ from emulsions,

creams and emulgels as they do not require surfactant-based stabilizer [13]. Oil-based do not show demixing of the two phases on storage at room-temperature for a period of up to 6-12 mo [14]. They are stabilized by entrapment of the mobile phases via a three-dimensional gel network resulting in an extra-fine dispersion. Electrical conductivity of bigels has been ascribed to the presence of pockets of water [9]. As a pharmaceutical formulation, bigels possess many advantages over other semi-solid systems owing to the synergistic effect of both gels, ease of preparation, satisfactory stability, viscosity, spreadability, microarchitecture, absence of surfactant related skin toxicity and possible delivery of both lipophilic and hydrophilic drugs [15].

The aim of the present study was to develop and characterize organogel-in-hydrogel type bigels of soybean oil-based organogel with HPMCK4M hydrogel. Four different types of bigel formulations have been prepared by choosing two organogels containing 20 and 22%w/v Span 60 as organogelator. They were characterized for *in vitro* drug release profile for topical application.

### MATERIALS AND METHODS

#### Materials

Food grade soybean oil (Emami Ltd., Kolkata) was purchased from local market. Paracetamol IP (PCM) was received as a gift sample from enlisted vendor. Span 60 (sorbitan monostearate) was purchased from Loba Chemie Pvt. Ltd., Mumbai. HPMCK4M was of AR grade and obtained from Colorcon Asia Pvt. Ltd. as gift sample. All other reagents were of analytical grade.

#### Methods

##### Method of preparation of gel

The organogel was prepared by adding required quantity of Span 60 in soybean oil maintained at 60 °C with continuous stirring (500 rpm). The hot dispersion turned into organogel when left undisturbed and cooled down to 25 °C. The drug-loaded organogel

was prepared by addition of paracetamol (PCM) followed by addition of Span 60.

The hydrogel was prepared by stirring a definite quantity of HPMCK4M in warm distilled water (65 °C) at 500 rpm to obtain a viscous dispersion (3-5% w/v). The organogel in sol state was

added to HPMC aqueous dispersion maintained at 60-70°C under stirring at 500 rpm [16]. The stirring was continued until a homogenous mixture was obtained. The mixture formed bigel when cooled to 25°C. Propylparaben (0.02% w/v) was added to prevent bacterial contamination of the hydrogel. Compositions of the various formulations are provided in table 1.

**Table 1: Composition of Span 60 based organogels and bigels of soybean oil**

Formulation	Organogel (OG)		Hydrogel(HG)		
	%w/v		%w/v		
	Paracetamol	Span 60	Oil	HPMCK4M	Water
OG1	2	20	78	-	-
OG2	2	22	76	-	-
HG1	-	-	-	3	97
HG2	-	-	-	4	96
(OG: HG =1:1)					
BG1	2	20	78	3	97
BG2	2	20	78	4	96
BG3	2	22	76	3	97
BG4	2	22	76	4	96

### Characterization of the formulations

#### FTIR spectroscopy

FTIR analysis of blank organogel and hydrogel, as well as drug loaded formulations along with its individual components, was carried out using Fourier Transformed Infrared Spectrometer (ALPHA-II, Bruker, Bellerica, MA, USA) operated in Attenuated Total Reflectance (ATR) mode. Samples were scanned in the range of 4000 to 500 cm<sup>-1</sup> [16].

#### Physical evaluation

Formulations were observed visually for their colour, appearance, texture and opacity [17].

#### Determination of pH

The pH of the formulations was determined using digital pH meter (Fisher Scientific-Accumet AE 150) [17].

#### Extrudability

A definite weight of gel was filled into an ointment tube and crimped. The extrudability (cm/s) of gel was determined by measuring the length of the gel ribbon extruded from the ointment tube by applying uniform pressure over a period of 10 s [18]. The following equation was used to determine extrudability.

Extrudability = Distance travelled by the gel (cm)/10 s (1)

#### Spreadability

Spreadability of the formulations was determined by placing 0.1 g gel between two glass slides of equal dimensions (75 mm×25 mm×1 mm). Thereafter, known weights of 10 g, 20 g, 50 g or 100 g were loaded on the upper slide for 60 s. The initial and final spreading diameters were marked before and after placing the individual weight [19]. Finally, the % spreadability may be calculated by using the following equation.

$$\% \text{ Spreadability} = [(D_i - D_f) / D_i] \times 100 \dots\dots\dots (2)$$

Where, D<sub>i</sub> = initial spreading diameter, D<sub>f</sub> = final spreading diameter

#### Rheological study

The viscosity of the blank gels (organogel and bigel) were measured in Brookfield Digital Viscometer (Model LVDVI+, Brookfield Engineering Laboratories Inc, USA) with spindle no. 7 at 25 °C [20]. The apparent viscosity of organogel and bigel formulations of different compositions was measured as a function of shear rate varying from 1 to 5 rpm. Ostwald-de wale power-law model has been employed to analyze the flow behavior of organogel as well as bigel systems given as follows:

$$\tau = k \cdot \dot{\gamma}^n \dots\dots\dots (3)$$

Where the relationship between stress ( $\tau$ ) and shear rate ( $\dot{\gamma}$ ) give the values for flow consistency index (k) and flow behaviour index (n). The rheological behavior may be stated as non-Newtonian pseudoplastic/shear-thinning if the values of n is <1 [21, 22].

#### Thermal analysis

The gel-sol transition temperature (T<sub>g</sub>) of the organogels was determined by falling ball method [23]. Briefly, a metal ball of weight 250 mg was placed gently on the surface of the organogel taken in a beaker. A thermometer was inserted in the gel and the gel was heated from 25 to 70 °C at a rate of 1 °C/min. The temperature at which the ball started to move from the surface through the gel was recorded as the gel-sol transition temperature (T<sub>g</sub>). This method could not be used for bigels due to phase separation occurring simultaneously with phase transition at temperature higher than 50 °C. Bigels are reported to lose their stability and structure at higher temperatures [24].

#### Drug content determination

Definite amount of drug-loaded gels was added to phosphate buffer (pH 5.8) which was kept undisturbed for 48 h for complete leaching of drug [25]. The dispersion was filtered through Whatman filter paper No. 1. An aliquot of filtrate was suitably diluted and absorbance measured spectrophotometrically at 249 nm (Shimadzu UV-VIS 1800 spectrophotometer) [26]. The drug content of formulations was determined from the calibration curve of the drug in the said buffer.

#### In vitro drug release study

In vitro drug release from organogels and bigels was performed through dialysis membrane (HIMEDIA® LA 330-5MT) in modified Franz diffusion cell [27]. Accurately weighed drug-loaded sample containing drug equivalent to 4 mg was placed in the donor compartment and the receptor chamber containing phosphate buffer (pH 5.8) was maintained at 32±0.5°C. An aliquot of 1 ml was withdrawn every hour, replenished with fresh buffer and study was continued for 7 h. The aliquot was analyzed spectrophotometrically at 249 nm (Shimadzu UV-VIS 1800 spectrophotometer) [26].

Drug release data were subjected to mathematical modeling by using zero-order, first order, Higuchi and Korsmeyer-Peppas models [28].

#### Hemocompatibility study

Accurately weighed amount of blank organogel and bigel was placed in dialysis tube filled with 50 ml normal saline (0.9% w/v NaCl solution) and continuously stirred in a magnetic stirrer for 1 h at 37 °C in order to enable leaching of the gel components. Leachant (0.5 ml) was withdrawn, diluted to 10 ml with normal saline and 0.5 ml diluted goat blood (4 ml of goat blood diluted with 5 ml of normal saline) and incubated at 37 °C for 1 h. It was then centrifuged at 3000 rpm for 10 min. The supernatant was measured spectrophotometrically at 542 nm. Positive control was prepared by taking 0.1 (N) HCl solution in lieu of

leachant. In negative control, normal saline was used instead of leachant. Normal saline was taken as the corresponding blank and percent haemolysis may be calculated as follows [29]:

$$\% \text{ Haemolysis} = (\text{OD}_{\text{test}} - \text{OD}_{\text{negative}}) / (\text{OD}_{\text{positive}} - \text{OD}_{\text{negative}}) \times 100 \dots (4)$$

Where,  $\text{OD}_{\text{test}}$  = Absorbance of the test sample

$\text{OD}_{\text{positive}}$  = Absorbance of the positive control

$\text{OD}_{\text{negative}}$  = Absorbance of the negative control

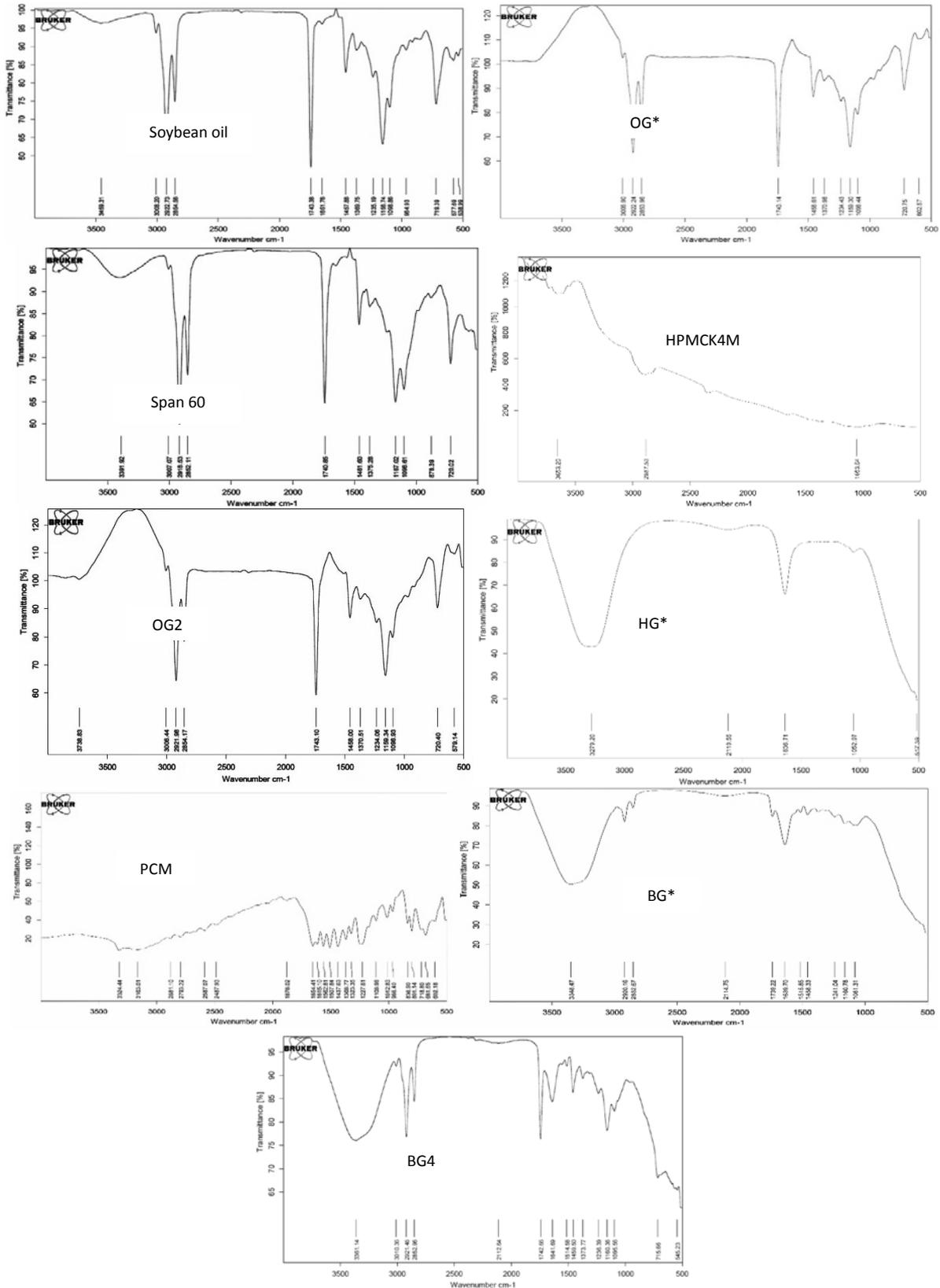


Fig. 1: FTIR analysis of gel components, blank gels (OG\* and HG\*) and drug-loaded gel (OG2 and BG4)

### Statistical analysis

All the experiments were performed in triplicate. All data were expressed as mean±standard deviation (SD). ANOVA was used to calculate significant differences between the experimental data. The p-value less or equal to 0.05 was considered to be statistically significant [30].

### RESULTS

#### Formation of gel

Non-flowing bigel was formed within 10 min whereas organogel formation occurred in less than 5 min.

#### FTIR study

The FTIR spectra of blank organogel (OG\*) and drug-loaded formulations (OG2 andBG4) are shown in fig. 1. Major peaks of

individual components could be detected in the corresponding organogel and bigel. No new peaks could be seen.

#### Physical evaluation and pH determination

Organogels appeared to be creamy white in colour with good consistency. Bigels were found to be milky white with smooth, non-greasy and creamy texture. pH of the formulations was found to be in the range 5.35 to 6.1 at 25 °C which was close to skin pH (4.5-6.5) (table 2).

#### Extrudability and spreadability

Extrudability and spreadability data of both organogels and bigels are presented in table 3.

#### Rheological study

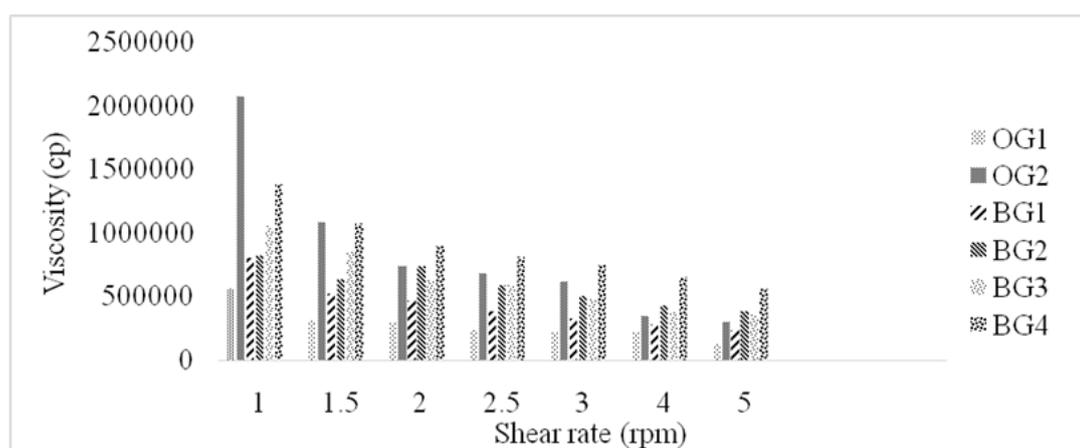
Viscosities of the gel formulations are graphically represented (fig. 2). The flow index 'n' was found to be less than 1 in all cases.

**Table 2: Organoleptic properties and pH values of Span 60 based organogels and bigels of soybean oil. \*Data presented as mean±standard error of mean from n=3. p<0.05 indicating statistically significant differences**

Formulation	Colour	Odor	Appearance	Opacity	pH at 25 °C*
OG1	Creamy white	Odorless	Greasy	Opaque	5.51±0.16
OG2	Creamy white	Odorless	Greasy	Opaque	5.26±0.35
BG1	Milky white	Odorless	Smooth non-oily	Opaque	5.81±0.47
BG2	Milky white	Odorless	Smooth non-oily	Opaque	5.35±0.14
BG3	Milky white	Odorless	Smooth non-oily	Opaque	5.98±0.38
BG4	Milky white	Odorless	Smooth non-oily	Opaque	6.10±0.32

**Table 3: Extrudability, spreadability and hemocompatibility data of span 60 based organogels and bigels of soybean oil. \*Data presented as mean±standard error of mean from n=3. p<0.05 indicating statistically significant differences**

Formulation	Extrudability* (cm/s)	% Spreadability on applying				% Hemocompatibility
		10g	20g	50g	100g	
OG1	0.78±0.35	37.49	45.26	74.85	92.76	3.84
OG2	0.76±0.16	33.33	46.15	57.89	97.43	3.52
BG1	0.75±0.24	28.34	39.17	50.84	95.45	2.45
BG2	0.72±0.13	24.18	32.61	45.85	92.49	3.17
BG3	0.78±0.38	29.59	35.48	56.17	94.25	1.35
BG4	0.76±0.34	22.14	34.31	52.17	92.52	2.49



**Fig. 2: Shear rate vs viscosity graph of Span 60 based organogels and bigels of soybean oil**

#### Thermal analysis

Gel-sol transition temperatures of OG1 and OG2 were found to be 59 and 63°C respectively.

#### Drug content determination

Drug content of organogels (OG1 and OG2) was found to be in between 90-93% whereas it was found to be in the range 85-92%.

#### In vitro drug release with kinetic modelling

Only ~27% drug release was observed from organogels, OG1 and OG 2 containing 20 and 22% w/v Span 60 respectively while it varied between 40 to 54% in HPMCK4M based bigels (fig. 3). However, it was noted that an increase in the concentration of HPMC in hydrogel lowered release of PCM from the bigels which was still better than that from organogels.

Table 4: Modelling of drug release kinetics from Span 60 based organogels and bigels of soybean oil

Formulation	Zero order model	Higuchi model		Korsmeyer-Peppas model	Type of diffusion
	R <sup>2</sup>	R <sup>2</sup>	R <sup>2</sup>	n	
OG1	0.997	-	-	0.57	non-Fickian diffusion
OG2	-	-	0.992	0.70	non-Fickian diffusion
BG1	-	0.989	-	0.23	NP*
BG2	-	0.978	-	0.50	non-Fickian diffusion
BG3	-	0.947	-	0.37	NP*
BG4	-	0.987	-	0.57	non-Fickian diffusion

NP\*: not possible to comment

Kinetic modeling of drug release from organogel indicated zero-order kinetics and Korsmeyer-Peppas model respectively with non-Fickian diffusion ( $0.45 < n < 0.89$ ). However, it has been found to

follow Higuchi model in the bigels (table 4). In case of bigels with lower %w/v of HPMC, no decision could be taken regarding the type of diffusion as 'n' value was found to be out of conventional range.

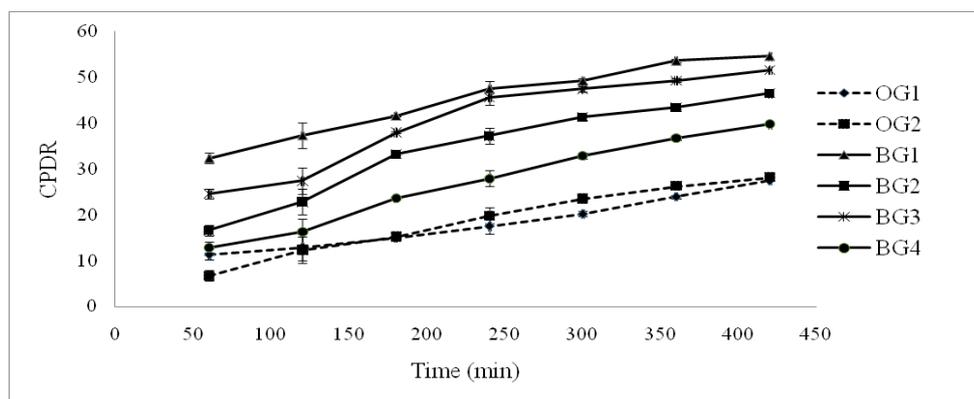


Fig. 3: Drug release from Span 60 based organogels and bigels of soybean oil. Data presented as mean  $\pm$  standard error of mean from  $n=3$ .  $p < 0.05$  indicating statistically significant differences

#### Hemocompatibility study

The % hemolysis of all the formulations was found to be less than 5% in presence of organogel and bigel leachant and thus hemocompatible (table 3).

#### DISCUSSION

Visual appearance and feel of topical preparation is an important characteristic as it affects the choice and compliance of the patient. The smooth and creamy texture of bigels may be attributed to the uniform mixing of otherwise two immiscible phases owing to the presence of Span 60, a surface-active agent [31].

FTIR spectra indicate that the principal peaks present in the raw materials (Soybean oil, Span 60, HPMCK4M and paracetamol) were preserved in the drug-loaded bigels [16].

The viscosities of both organogels and bigels showed concentration-dependent behavior, i.e. increase in viscosity with increase in organogelator or aqueous gelling agent (HPMC) concentration. The bigels (BG1 and BG2) formulated with organogel containing 20% w/v Span (OG1) were found to possess higher viscosity than OG1. However, an anomalous behavior was observed with bigels (BG3 and BG4) of organogel developed with 22%w/v Span (OG 2) where viscosity is lower than the corresponding organogel. In case of BG3 and BG4 with higher % of organogelator which is primarily a surfactant, probably an emulgel of lower viscosity would have been formed on addition of 3 and 4% w/v HPMC gels. Lower % of Span in OG1 did not promote emulgel formulation in the bigels (BG1 and BG 2) and hence, their viscosities are higher than the corresponding organogel. Both organogel and bigel formulations demonstrated non-Newtonian pseudoplastic flow and shear thinning behavior similar to that observed with sunflower oil and protein based novel bigels as matrices for drug delivery applications as reported by Behera *et al.* [21].

As the temperature of the organogels was increased there was a corresponding increase in surface free energy with subsequent increase in mobility of the gelator molecules constituting the 3D-self assembled structure of the formulations, leading to sol formation. Thermal stability of the organogels was enhanced by increasing the concentration of organogelator. [33].

Bigel formation was found to enhance drug release. Drug release via non-Fickian diffusion phenomenon followed either zero-order kinetics from organogel with lower % (20%w/v) Span or Korsmeyer-Peppas model from organogel with 22%w/v Span. However, bigels are assumed to form matrix as drug release followed Higuchi kinetics. Similar behavior was reported by Rehman *et al.* (2014) in their studies on polymer-fish oil bigel system as transdermal drug delivery vehicle [32]. It is to be noted that non-Fickian diffusion occurred from the organogels and bigels with 4%w/v HPMCK4M irrespective of concentration of organogelator. Improved drug release from bigels can be explained by the swelling-induced gradual break-up of the gel matrix into smaller fragments as the gel skeleton is compromised by the influx of dissolution medium via the channels offered by the tubular structure of gelator molecules. In case of BG 2 and BG 4, swollen but highly dense and compacted structure imparted by higher concentration of HPMC hydrogel presumably failed to cause maximum stressing and expansion of organogel core and thus retarded drug release. Moreover, higher concentration of HPMCK 4M in BG 3 and BG 4 hindered drug release from the gel-matrix due to formation of high-viscosity drug diffusion barrier.

#### CONCLUSION

From the above studies it can thus be concluded that pseudoplastic bigels with HPMC formed matrix where drug release improved significantly in comparison to Span 60 based organogels of soybean oil.

**AUTHORS CONTRIBUTIONS**

All the author have contributed equally

**CONFLICT OF INTERESTS**

Declared none

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