

FORMULATION AND EVALUATION OF NAPROXEN-EUDRAGIT® RS 100 NANOSUSPENSION USING 3² FACTORIAL DESIGN

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ABSTRACT

Objective: The objective of the present investigation was to develop drug loaded Eudragit® RS100 nanosuspension as a sustained release carrier.

Methods: All the nanosuspensions of Naproxen loaded Eudragit® RS100 were prepared using the quasi emulsion solvent diffusion technique at different drug: polymer ratios. The formulation was optimized using design of experiments by employing a 2-factor, 3-level factorial design. The drug: polymer ratio (X_1) and speed of homogenization(X_2), were the independent variables; particle size (Y_1), zeta potential (Y_2) and entrapment efficiency (Y_3) as dependent variables. The nanosuspensions were studied for particle size analysis, X-ray diffraction analysis and surface morphology by scanning electron microscopy. The *in vitro* release study of Naproxen from nanosuspension was carried out using dialysis bag with molecular weight cut-off value of 12,000 to 14,000 Daltons.

Results: Average particle size of nanosuspension was between 159 to 435nm and zeta potential ranges from 20.7 to 53.5 mV. The statistical analysis of data revealed that drug: polymer ratio(X_1) has a significant positive influence on particle size ($p=0.0077$) whereas a negative influence on zeta potential ($p=0.0045$) and Entrapment efficiency ($p=0.0003$). The developed model was validated using two check point formulations and found no significant difference between the predicted and observed values. An optimized formulation was also identified during the study.

Conclusion: This investigation demonstrated the potential of the experimental design in understanding the effect of formulation variables on the development of Nanosuspensions. The results assures, nanosuspension are promising sustained release system to the naproxen and many other drugs.

Keywords: Nanosuspension, Naproxen, Eudragit.

INTRODUCTION

In recent years, research in the field of nanotechnology and its applications in drug delivery has gained a momentum. They were identified to be a promising drug delivery systems for a wide range of drugs starting from low molecular weight to macromolecules, peptides, proteins or genetic materials targeted to particular cells or tissues[1]. Nanoparticles are also preferred for their improved bioavailability and stability of drug molecules against enzymatic degradation. Eudragit RS100 is a co-polymer of poly (ethyl acrylate, methyl-methacrylate and chlorotrimethyl-ammonioethyl methacrylate). The ammonium groups are present as salts, and they are responsible for permeability, which is independent of pH in the physiological region. Eudragit® RS100 was proved to be a promising polymer for controlled and prolonged localized delivery of desired medicine to some physiologic fluids. Nanoparticles as sustain release drug delivery system using Eudragit RS 100 was reported for drugs like Acyclovir [2], Aceclofenac [3,4,5].

Naproxen (NPX) is a non-steroidal anti-inflammatory drug (NSAID) commonly used for the reduction of moderate to severe pain, fever, inflammation and stiffness caused by conditions such as osteoarthritis, rheumatoid arthritis, psoriatic arthritis, gout, injury (like fractures), tendinitis and bursitis. Naproxen's usefulness is limited by a short duration of action (8 h) when administered orally. Repeated administrations are required for maintenance of the pharmacological action. Patients with chronic inflammatory diseases require long term therapy with such NSAIDs. But chronic usage of NASIDS may lead to gastrointestinal disorder, gastritis, ulcer and bleeding. A sustained release Nanoparticles formulation based on Eudragit RS 100 could retard the release of drug extending the pharmacological action of the NPX and reducing the frequency of administration which in turn reduces the drug related adverse effects. [6, 7].

These days Statistical models are extensively used by scientist of formulation and development to strengthen the art of drug formulations. A 3² factorial design is a well established model to

study the effect of selected formulation variables on the characters of the drug products. In the present investigation the drug/polymer ratio (X_1), speed of homogenization(X_2), were the independent variables particle size (Y_1), zeta potential (Y_2) and entrapment efficacy (Y_3) were the dependent variables.

MATERIALS AND METHODS

Materials

Naproxen was purchased from Himedia laboratories Pvt. Ltd. (Mumbai). Eudragit RS 100 was a kind gift sample from Evonik Degussa. Tween 80 was obtained from Sisco research laboratories Mumbai. All other chemicals and materials were of analytical grade and were used as procured.

Preparation of nanoparticles

Nanoparticles were prepared by an adaptation of the Quasi-emulsion solvent diffusion method (QESD). Drug and polymer were co-dissolved at room temperature in 4 ml of ethanol. Ethanol solution produced by co-dissolving the drug and the polymer was perfectly clear. The solution was slowly injected (0.5 ml / min) with a syringe connected to a thin Teflon tube, into a 10 ml of water containing tween 80 (0.02%, w/v) as a hydrophilic emulsifier in a cylindrical vessel maintained at low temperature by means of an ice-cooled water bath to avoid a rapid ethanol evaporation. During injection, the mixture was stirred at specified RPM (10,000, 15,000, and 20,000 rpm) by high shear homogenizer (an Ultra-Turrax T 25, Ika Labortechnik, Staufen, Germany). Stirring was kept at the same rate for 15 min. The solution immediately turned into a pseudo-emulsion of the polymer ethanol solution in the external aqueous phase. The counter diffusion of ethanol and water out of and into the emulsion micro droplets, respectively, and the gradual evaporation of the organic solvent determined the *in situ* precipitation of the polymer with the formation of matrix- type Nanoparticles.

Ethanol residues evaporated off during a further slow stirring at 200 rpm for 24 h of the nanosuspension at room temperature [8].

3² Full Factorial Designs

A 3² full factorial design was applied to examine the combined effect of two formulation variables on particle size, stability and entrapment efficiency. 9 combinations of Naproxen loaded Eudragit RS 100 nanosuspension were prepared according to the design given in Table 1.

The drug/polymer ratio (X_1), speed of homogenization (X_2), were used as independent variables and particle size (Y_1), zeta potential (Y_2) and entrapment efficacy (Y_3) as dependent variables. The experimental, design coded values is given in Table 1. The levels of parameters used are given in Table 2. The graphs and mathematical models were computed using Design Expert 8.0.4.1 (Stat- Ease, USA) software.

Table 1: Formulation of batches in 3² factorial designs (coded values)

Trail no.	Variable levels in coded forms	
	X_1	X_2
1	-1	1
2	0	1
3	1	1
4	-1	0
5	0	0
6	1	0
7	-1	-1
8	0	-1
9	1	-1

Table 2: Actual values of independent variables in 3² factorial design

Coded level	-1	0	1
X_1 : Drug: Polymer ratio	1:1	1:2	1:4
X_2 : RPM	10000	15000	20000

Evaluation parameters

Zeta potential

The Zeta-potential of drug loaded nanoparticles was measured by Zeta sizer (Malvern Zetasizer version 6.20). To determine the zeta potential, nanoparticles samples were diluted with 0.1 mM solution of potassium chloride and placed in electrophoretic cell where an electrical field of 15.2 V/cm was applied. Each sample was analyzed in triplicate.

Particle size analysis and surface morphology

The particle size distribution was analyzed by Malvern instrument (Zetasizer ver.6.20).

Entrapment efficiency

Aliquots of 2ml of the freshly prepared nanosuspension were centrifuged at 11,000 rpm for 15 min, and the amount of unincorporated drug was measured by UV analysis of the supernatant. Some samples were submitted to a second centrifugation cycle. The pellets obtained after centrifugation was then re-suspended and further dialysis process was used to measure any un-entrapped Naproxen might be precipitated in the system.

$$\text{Entrapment efficiency\%} = \frac{\text{Amount of NPX actually present in nanoparticles}}{\text{Amount of NPX actually used}} \times 100$$

In vitro drug release

In vitro release studies were carried out for all the formulations by using the HIMEDIA DM70 dialysis membrane (pore diameter of 2.4 nm and cut off of 12-14 kD) in phosphate buffer (300ml, pH 6.8). Earlier, one side of the membrane was tied with a thread and nanosuspension (2ml) was then placed inside the membrane bag, the other side was tied properly, and placed in 300ml pH 6.8 phosphate buffer in a beaker with stirring for 12h. 5ml of the aliquot was withdrawn at predetermined intervals up to 12 h. The required dilutions were made with pH 6.8 phosphate buffer and the solution was analyzed for the drug content spectrophotometrically at 330nm. Equal volume of the dilution medium was replaced after each withdrawal to maintain sink condition.

The release studies were carried out in triplicate for all the formulations and the average, and standard deviation values were calculated. Cumulative percentage drug releases for all the

formulations were calculated and they were plotted against function of time to study the pattern of drug release.

Drug release kinetics

To analyze the mechanism of drug release from the matrix tablets, the release data were fitted to the following equations:

Zero-order equation [9]: $R = k_0 t$

Where, R is the amount of drug released at time t, and k_0 is the release rate.

First-order equation [10]: $\log UR = \log UR_0 - k_1 t / 2.303$

Where, UR is the amount of drug un-dissolved at t time, UR_0 is drug concentration at t = 0 and k_1 is the release rate constant.

Higuchi's equation [11]: $R = k_2 t^{1/2}$

Where, R is the percent of drug release at time t, and k_2 is the diffusion rate constant.

Hixson-Crowell equation: $(R_0^{1/3} - R_t^{1/3}) = k_4 t$

Where, Q_t is the initial amount of drug, Q_0 is cumulative amount of drug release at time t, k_4 is Hixson-Crowell release constant and t is time in hours.

Korsmeyer-Peppas equation [12]: $\log (R_t / R_\infty) = \log k_3 + n \log t$

Where, R_t is the amount of drug release at time t; R_∞ is the amount of drug release after infinite time; k_3 is a release rate constant incorporating structural and geometric characteristics of the tablet; and n is the diffusion exponent indicative of the mechanism of drug release. To clarify the diffusion exponent (n) for different batches of matrix tablet, the log value of percentage drug released was plotted against log time for each batch. A value of $n \leq 0.45$ indicates Fickian (case I) release; > 0.45 but < 0.89 for non-Fickian (anomalous) release; and > 0.89 indicates super case II type of release. Case II generally refers to the erosion of the polymeric chain, and anomalous transport (Non-Fickian) refers to a combination of both diffusion and erosion-controlled drug release [13].

Fourier transform infrared spectroscopy (FT-IR)

FT-IR spectra for pure drug and drug-excipient mixtures were done by means of FT-IR spectrophotometer (Shimadzu 4300, Japan) using the KBr disc method.

RESULTS AND DISCUSSION

The responses observed for all the formulations such as particle size (Y_1), zeta potential (Y_2) and entrapment efficiency (Y_3). Nine

formulations of naproxen loaded Eudragit nanosuspension were prepared according to a 3^2 full factorial design. The formulations were analyzed for response like as particle size (Y_1), zeta potential (Y_2) and entrapment efficiency (Y_3).

Table 3: Formulations with their responses and constrains

Formulation Code	Variables		Responses		
	X_1	X_2	Y_1	Y_2	Y_3
NNE1	50	20000	159.7	53.5	93.17
NNE2	67	20000	208.5	42.5	78.82
NNE3	80	20000	329.3	40.5	71.19
NNE4	50	15000	259.5	51.2	91.6
NNE5	67	15000	379.9	37.8	84.4
NNE6	80	15000	435.1	29.4	76.59
NNE7	50	10000	180.5	46.3	89.92
NNE8	67	10000	196.7	45.9	86.68
NNE9	80	10000	309.6	20.7	77.14
X_1 =Drug: Polymer ratio X_2 =RPM Y_1 =Particle size (nm) Y_2 =Zeta potential (mV) Y_3 =Entrapment efficiency (%)			Constrains (Goal, Limits) Minimum, 150-250nm Maximum, 25-50mv Maximum, 85-90%		

Particle size distribution

The particle size distribution was analysis using Malvern zetasizer. The average particle size of all the formulations were of nano size, ranging from 159 to 435nm. Quadratic model was suggested for particle size distribution as given in Table 4. Anova analysis of the data is given in Table 5.

Values of "Prob>F" less than 0.0500 indicate the model terms are significant. Model equation with coefficient of factors was developed for particle size and given in Table 6. Drug: polymer ratio has a negative coefficient, which suggests that, the drug:polymer (X_1)

ratio has negative influence on particle size, RPM(X_2) of the homogeniser has no significant effect on particle size of the nanosuspension. These result coincides with the earlier studies reported [14,15]. The relationship between the dependable variables and two independent variables was elucidated by constructing a 3-D response surface. The response surface depicts the effect of amount of drug and polymer ratio at different levels on studied response particle size. The highest particle size recorded at the higher polymer concentration. The least particle size was obtained at the lower polymer concentration. Related interaction plots, contour plots & surface plot are shown in Figure 1(a-c).

Table 4: Summary of results of regression analysis of particle size, zeta potential and entrapment efficiency

	Standard Deviation	R-Squared	Adjusted R-Squared	Predicted R-Squared	PRESS	Suggested model
Particle size(Y_1)						
Linear	78.7380	0.4957	0.3276	0.0710	68527.85	
2FI	85.7531	0.5015	0.2025	-0.1605	85610.33	
Quadratic	30.2521	0.9627	0.9007	0.6785	23716.1	Suggested
Cubic	48.5397	0.9680	0.7444	-5.1419	453044.3	
Zeta potential (Y_2)						
Linear	5.5365	0.7889	0.7186	0.4964	438.8759	Suggested
2FI	5.5373	0.8241	0.7185	0.2658	639.9073	
Quadratic	6.4513	0.8567	0.6180	-0.6449	1433.73	
Cubic	4.1765	0.9799	0.8398	-2.8481	3354.11	
Entrapment efficiency(Y_3)						
Linear	2.6955	0.9077	0.8769	0.74006	122.807	Suggested
2FI	1.9916	0.9580	0.9328	0.8064	91.4578	
Quadratic	2.1188	0.9714	0.9239	0.6543	163.287	
Cubic	0.1675	0.9999	0.9995	0.9885	5.39509	

Zeta potential

Zeta Potential analysis is a technique for determining the surface charge of Nanoparticles in solution (colloids). Nanoparticles have a surface charge that attracts a thin layer of ions of opposite charge to the Nanoparticles surface. This double layer of ions travels with the Nanoparticles as it diffuses throughout the solution. The electric potential at the boundary of the double layer is known as the Zeta potential of the particles. Zeta potential is taken as a measure for stability of nanosuspension. The zeta potential of all the nine formulations was found to be ranging from 20.7 to 53.5mV.

The linear model was suggested for Zeta potential. Suspensions with zeta potential more than +25mV and less than -25mV were found to be stable. NNE9 is not a stable suspension and remaining 8

formulations are stable. All formulations were found to stable based upon zeta potential. The positive zeta potential was obtained due to positive charge of polymer. The Statistical analysis of data revealed that drug:polymer ratio (X_1) has negative effect on zeta potential (Figure 2 a,b) where as RPM(X_2) has no significant effect on zeta potential.

Entrapment efficiency

The drug entrapment efficiency for all the formulations ranged from 76.5% to 93.1%. The linear model was suggested for entrapment efficiency. Figure 3 shows the contour graph, 3D graph and interaction graph of relation to the response size. Drug: polymer ratio has a negative coefficient, which suggests that, the drug:polymer ratio (X_1) has negative effect on entrapment efficiency and RPM(X_2) has no significant on entrapment efficiency.

Table 5: Anova table

Source	Sum of Squares	df	Mean Square	F Value	Prob. > F p value
Y ₁ =particle size (R ² = 0.9628)					
Model(Quadratic)	71024.67	5	14204.93	15.52131	0.0236
X ₁	37493.42	1	37493.42	40.96793	0.0077
X ₂	10.42	1	10.42	0.011	0.9215
X ₁ X ₂	430.05	1	430.05	0.011	0.9215
X ₁ ²	1535.47	1	1535.47	0.47	0.5423
X ₂ ²	32487.01	1	32487.01	35.49758	0.0095
Y ₂ =zeta potential (R ² = 0.7890)					
Model(Linear)	687.7025	2	343.8513	11.21757	0.0094
X ₁ -Drug polymer ratio	594.8759	1	594.8759	19.40683	0.0045
X ₂ -RPM	92.33	1	92.33	3.03	0.01325
Y ₃ =Entrapment efficiency (R ² = 0.9077)					
Model(Linear)	428.8564	2	214.4282	29.51019	0.0008
X ₂ -RPM	13.59	1	13.59	2.56	0.1609
X ₁ -Drug polymer ratio	410.2708	1	410.2708	56.46259	0.0003

df - degrees of freedom, p < 0.05 are statistically significant

Table 6: Reduced equation for responses

Reduced model equation	R ² Value
$Y_1 = -492.27213 - 13.14470X_1 + 144.24501 X_2 + 0.13784X_1 X_2 + 0.12575X_1^2 - 5.09800X_2^2$	R ² = 0.9628
$Y_2 = +72.52852 - 0.66186 X_1 + 0.78667 X_2$	R ² = 0.7890
$Y_3 = +124.65251 - 0.54965X_1 - 0.35200X_2$	R ² = 0.9077

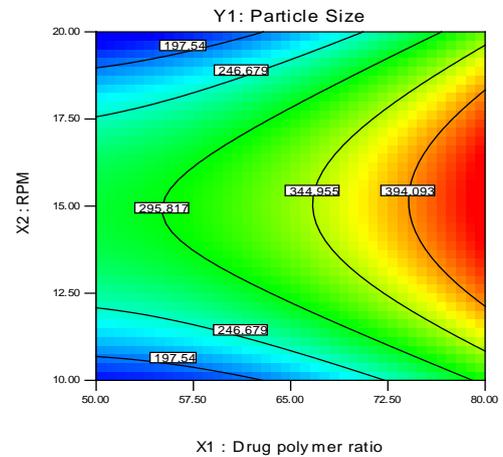
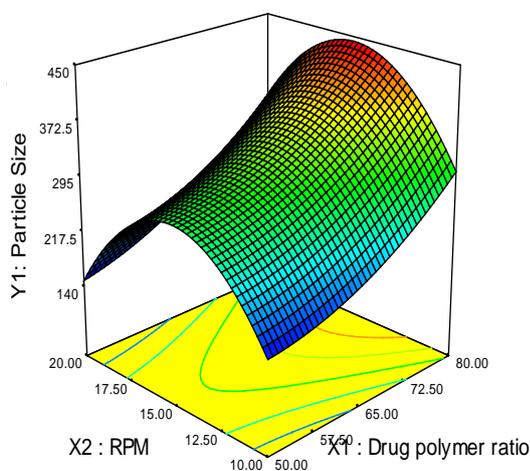


Fig. 1: (a) Three-dimensional response surface plots for particle size. (b). Interaction Plot for particle size. (c). Contour surface plot of particle size

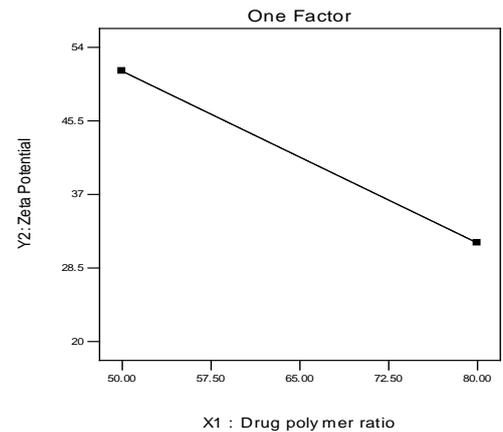
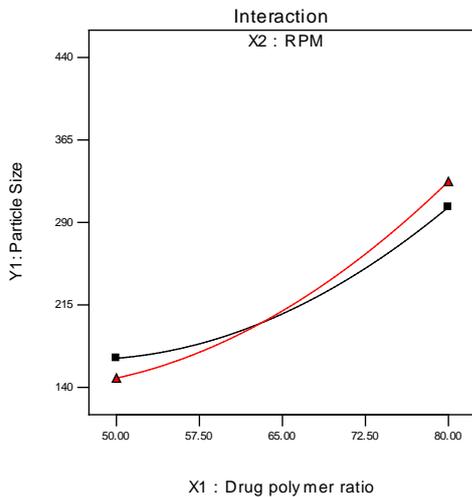


Fig. 2a: Interaction plot for zeta potential.

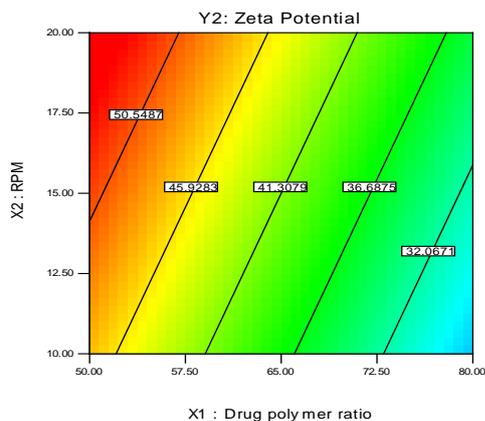


Fig. 2b: Contour surface plot of zeta potential.

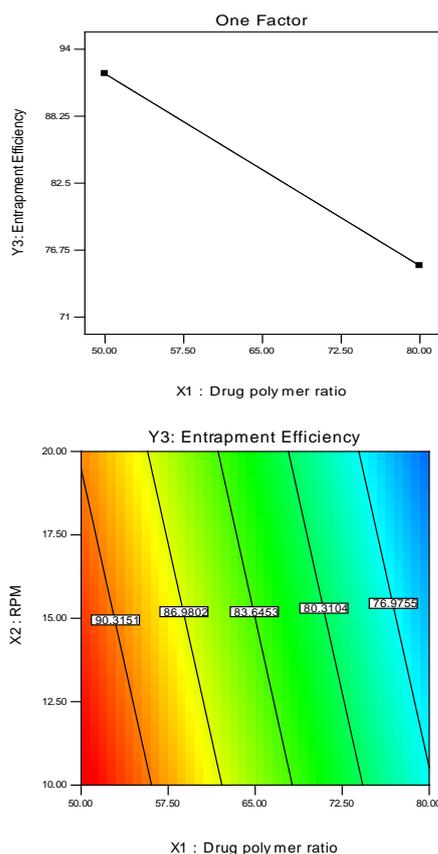


Fig. 3(a): Interaction plot for entrapment efficiency. (b).Contour surface plot of entrapment efficiency

Check point analysis

Model equations were developed for responses and two check point formulations were made to confirm the reproducibility and reliability of the equations. Predicted as well as actual values showed no significant difference proving the reliability of the developed model. The comparisons of actual and predicted values are given in Table 7.

Fourier transform infrared spectroscopy (FT-IR)

FT-IR spectra data of pure naproxen and Eudragit RS 100 were shown in Figure 5. The C-H stretching was appeared at 3199 cm^{-1} . The C=O stretching was found to be at 1727 cm^{-1} . The C=C stretching was appeared at 1685.89 cm^{-1} . The drug and polymer has similar stretching values at 3198 cm^{-1} , 1728.34 cm^{-1} and 1689 cm^{-1} . So the naproxen and Eudragit RS 100 has no significant interactions.

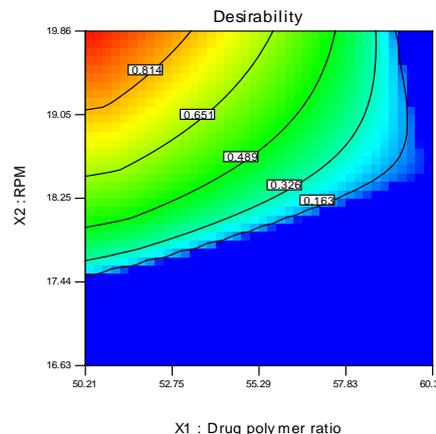


Fig. 4: Desirability graph of predicted values.

In vitro drug release

In vitro drug release from the nanosuspension in a phosphate buffer pH 6.8 was performed using the diffusion bag technique. The in vitro release of the five batches of nanosuspension showed an interesting bi-phasic release with an initial burst effect. In the first hour, drug released was 12.9%, 29.5%, 17.1%, 13.2% and 15.3% for NN4, NNE5, NNE6, NNE7, NNE8, respectively (Figure 5). Afterwards the drug release followed a controlled release pattern. The burst release in the first hour can be attributed to the drug loaded on the surface of Nanoparticles. The amount of drug incorporation in the formulation and drug entrapment efficiency has a direct effect on the drug release profile from the formulations.

Kinetics of Drug Release

Data obtained from dissolution studies were fitted to various kinetic models. The kinetic models used were zero order (percentage unreleased vs. time), first order (log cumulative percentage of drug remaining vs. time), Higuchi's (cumulative percentage of drug released vs. square root of time), Hixon-Crowell cube root law and Korsmeyer (log cumulative percentage of drug released vs. log time) equation. The data of average values were described in the Table 8. Based on the highest regression values (r), the best-fit model for NNE5 and NNE7 followed higuchi and peppas model respectively, NNE1, NNE2, NNE3, NN4, NNE6, NNE8 and NNE9 followed Hixon-crowell model. Here it can be assumed that the release rate was limited by the drug particles dissolution rate and erosion of the polymer matrix [16].

Stability studies

The stability studies were carried out on optimized formulation. The samples were stored at $40^{\circ}\text{C} \pm 2^{\circ}\text{C}$ and $75 \pm 5\%$ (accelerated testing) RH for three months to access their stability. After 1, 2 and 3 months samples were withdrawn and retested for particle size and zeta potential; the optimized formulation did not show any significant change in both parameters. It indicates that this formulation was able to retain its stability up to 3 months. Stability data is shown in Table 9.

Table 7: Actual and predicated values of the responses

Standard order	Actual values			Predicted values			Residual		
	Y ₁ (nm)	Y ₂ (mV)	Y ₃ (%)	Y ₁ (nm)	Y ₂ (mV)	Y ₃ (%)	Y ₁ (nm)	Y ₂ (mV)	Y ₃ (%)
1	159.7	53.5	93.17	149.58	55.12	90.11	10.12	-1.62	3.058
2	180.5	46.3	89.92	166.43	47.3	93.65	14.069	-1	-3.73

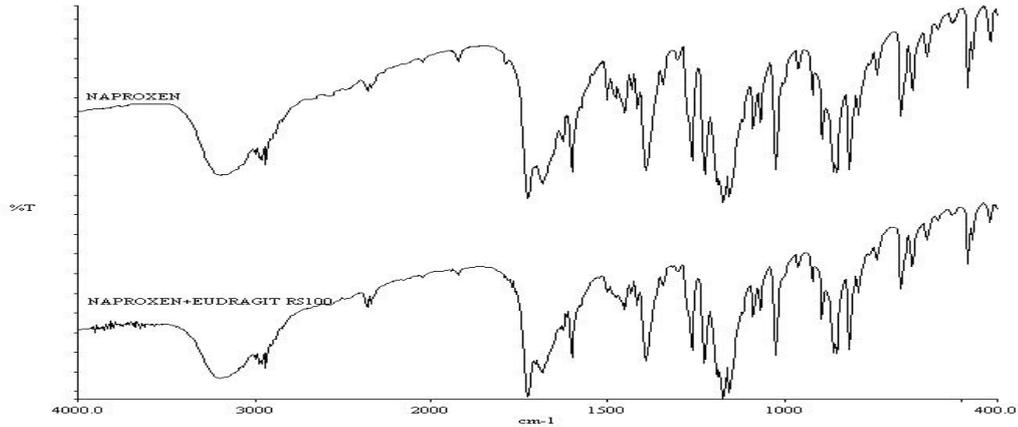


Fig. 5: Fourier transform infrared spectra of naproxen and eudragit rs 100

Table 8: In Vitro release kinetics for naproxen loaded eudragit RS 100 nanosuspension formulations

Formulation Code	Zero Order		First Order		Higuchi		Peppas			Hixson Crowel		Best Fit Model
	R ²	k ₀	R ²	k ₁	R ²	k ₂	R ²	n	k ₃	R ²	k ₄	
NNE 1	0.951	9.251	0.981	0.215	0.974	26.761	0.977	0.885	12.538	0.995	0.051	Hixson crowel
NNE 2	0.981	7.843	0.986	0.143	0.951	22.330	0.976	1.139	6.268	0.994	0.038	Hixson crowel
NNE 3	0.990	7.361	0.984	0.127	0.937	20.843	0.958	1.495	2.914	0.992	0.034	Hixson crowel
NNE 4	0.983	6.511	0.982	0.101	0.954	20.843	0.990	0.760	10.767	0.991	0.028	Hixson crowel
NNE 5	0.871	11.291	0.981	0.260	0.996	30.454	0.985	0.583	26.554	0.987	0.062	Higuchi
NNE 6	0.963	8.390	0.981	0.163	0.971	24.223	0.993	0.736	15.213	0.994	0.042	Hixson crowel
NNE 7	0.981	6.811	0.981	0.109	0.961	19.506	0.993	0.736	11.897	0.992	0.030	Peppas
NNE 8	0.941	9.581	0.974	0.243	0.980	27.91	0.973	0.880	13.325	0.996	0.055	Hixson crowel
NNE 9	0.990	7.490	0.982	0.132	0.931	21.213	0.961	1.530	2.772	0.992	0.035	Hixson crowel

Table 9: Stability data of optimized formulation of nanosuspension

Time period	Particle size	Zeta potential
Initial	159.7	53.5
After storage		
1 Month	159.7	53.7
2 Month	159.95	53.94
3 Month	160.14	54.12

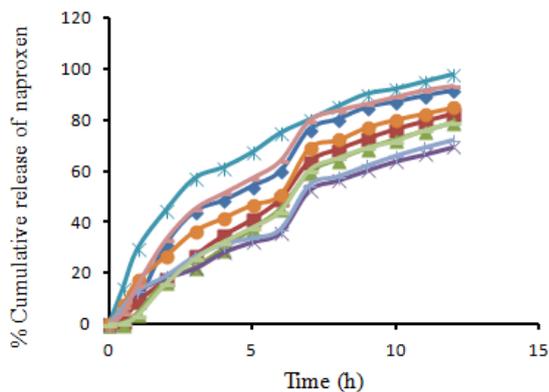


Fig. 6: Cumulative release of naproxen from nanosuspension formulations: —●— % Cumulative release of NNE1, —■— % Cumulative release of NNE2, —▲— % Cumulative release of NNE3, —×— % Cumulative release of NNE4, —*— % Cumulative release of NNE5, —○— % Cumulative release of NNE6, —+— % Cumulative release of NNE7, —◇— % Cumulative release of NNE8, —▽— % Cumulative release of NNE9

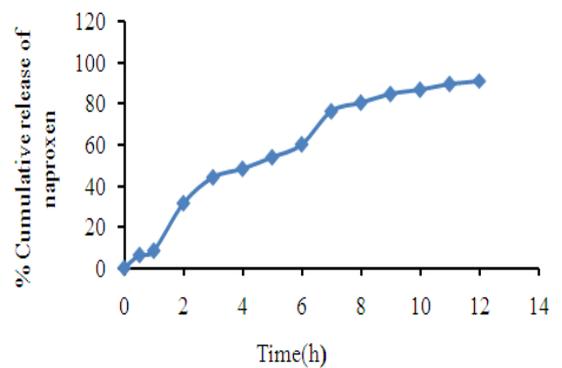


Fig. 7: Dissolution profile of optimized formulation

CONCLUSION

The nanosuspension of poorly water soluble drug like naproxen is proved to be better and a cost effective alternative. Naproxen loaded Eudragit RS 100 nanosuspension can be administrated as intramuscular or as eye drop for inflammatory ocular diseases. The formulations were optimized by using design of experiments by employing a 3² factorial statistical design. The nanosuspensions were studied for particle size, zeta potential and entrapment

efficiency, formulation NNE1 was selected as an optimum formulation with desired properties. Drug: polymer ratio had significant influence on particle size, Zeta potential and entrapment efficiency. The model equations, contour plot and surface plots for selected independent variables were also generated. Moreover, the utilization of statistical design of experiment in the optimization process significantly reduced the requirement of the number of experiment and time.

CONFLICT OF INTERESTS

Declared None

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